



**Women's Wilderness Retreat**  
**Wind Dance Farm & Earth Education Center**

**June 3-5, 2022**

**Friday**

- 2-4 Arrival & Set up Camp
- 4 Opening Circle ~ Welcome and Introduction
- 5 Soul Speak Stroll
- 6 Wholesome Dinner & Tea
- 7 Introduce Community Mandala
- 8 Fireside ~ Sing, Chant and Share

**Saturday**

- 7 Coffee/Tea and Light Snacks Available
- 8 Morning Yoga/Meditation
- 9 Wholesome Breakfast
- 10 Guided Woodland Serendipitous Stroll with Naturalists
  - ~ Meet Violet
  - ~ Bring Journal and Water
- 12 Silent walk to a prepared lunch
- 2 Siesta
- 3 Make a Violet Salve
- 4 Options to explore
  - ~ Getting comfortable with drumming
  - ~ Creek Crayons
  - ~ Garden Harvest
  - ~ Community Meal Prep & Wildcrafting
- 6 Wholesome Dinner & Tea
- 8 Summer Solstice Drum Circle

**Sunday**

- 7 Coffee/Tea and Light Snacks Available
- 8 Wholesome Breakfast
- 9 Morning Meditation, Breathwork & Journal
- 10 Pack up and reflection time, silence with the earth
- 11 Closing Circle & Keepsake
- 12 Depart